

Silver Lake Smiles Family Dentistry

1125 Silver Lake Road
New Brighton, MN
55112

info@silverlakesmile.com
651-842-8426



WELCOME BABY COLTON!

Please join us in welcoming baby Colton Loren McCullough. Amanda, our wonderful dental assistant, delivered a healthy 6.4lbs baby boy on May 25th, 2014, 3 weeks early!! The baby and new mommy Amanda are happy and doing well. Please remember to congratulate Amanda when you see her at your next visit.

On a welcoming note, please welcome our new dental assistant Erin to our office! She is a recent grad from the highly competitive dental assisting program at Century. She is in tiptop shape to assist Dr.Ong and our hygienists to provide excellent patient care. She enjoys running outside and camping at Willow River.

Also, Shanna, our awesome hygienist, has joined our Silver Lake Smiles Family in June. Her positive attitude and her knowledge of dental health will lead any one into a healthy dental lifestyle.

Unfortunately, Krista, has left our office to be closer to her home in Apple Valley. We are sad to see her leave but wish her best of luck in her future career endeavors!

Interesting facts

1. Carbonated beverages, fruit juice and acidic foods can harm your teeth. Make sure you **rinse with water or mouthwash** after enjoying your morning OJ or a soda by the fireplace this fall!
2. A women's mouth can say a lot about the development of osteoporosis!
3. **Which toothpaste to choose?** Make sure you choose one that contains **fluoride**. Dr.Ong recommends pairing your fluoride toothpaste with a **Sonic care electric tooth brush** to keep those cavities away!

Did you know: To keep your teeth nice and healthy, **prevention is key**. Did you know most insurance companies cover teeth cleanings twice a year? **Make sure you make your 2nd cleaning appointment before the end of the year!!**



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